



Whistler Alpine Guides Bureau  
19-4314 Main Street  
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## Multi Day Backcountry Ski & Snowboard Touring Equipment List

This list applies to all multi day backcountry ski and snowboard programs.

### The Whistler Alpine Guides Bureau supplies the following on tours (as required):

- Backcountry Access Tracker - Avalanche transceiver
- Shovel
- Probe
- Tent(s)
- First Aid Kit (bring your own personal blister kit)
- Cell Phone/Radio
- Map(s)
- Stove(s) and Fuel
- Pots/Pans & Bowl, Mug, Utensils
- Water Filter/Purifier

### Recommended Equipment to Bring:

- Lift pass: Backcountry pass can be supplied (call for pricing)
- Backcountry touring skis & climbing skins (available for rent)
- Splitboard & climbing skins (available for rent)
- Ski or snowboard boots (regular downhill boots are fine / touring boots available for rent)
- Poles with powder baskets (available for rent)
- Multi-Day/Day Backpack (available for rent)
- Sleeping Bag (available for rent)
- Sleeping Pad (available for rent)
- Headlamp w/ fresh batteries
- Water Bottle(s) (min1L capacity)
- Multi Tool
- Sunglasses
- Sunscreen

### Clothing

- Weatherproof / waterproof shell jacket and pants (Gore-Tex style)
- Fleece or Insulated Jacket
- Warm synthetic under layer(s) (No cotton)
- Extra Clothing - underwear, top & bottom synthetic base layer (no cotton)
- Socks (2 pair) (no cotton)
- Weatherproof Gloves (standard ski gloves are suitable)
- Light gloves for uphill (mountain bike / running gloves work well)
- Hat/toque for winter OR Baseball cap/sunhat for spring touring



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### **Toiletries / Personal items**

- Toilet Paper
- Toothbrush / Toothpaste
- Deodorant
- Blister Kit
- Personal Medicinal Drugs: pain, cold/flu, antihistamine, anti-inflammatory etc.

### **Optional**

- Ear Plugs (for overnight trips)
- Reading Material (for overnight trips)
- Hut or Camp Shoes/Booties (for overnight trips)
- Candles (for overnight trips)
- Camera

Please go over this list to ensure that you are properly prepared. Contact our office if you have any questions. Keep in mind that the weather can vary from one extreme to the other while in the mountains. Bring enough clothing and supplies to be prepared and comfortable but do not over pack, as you will have to carry it all.

\*You may want street clothes to change into after your trip/course.